



VISION: A *CERTIFIED* TRAUMA INFORMED CARE BEXAR COUNTY



MESSAGES FROM THE TRI-CHAIRS & CONSORTIUM CO-CHAIRS:

"...I know lots of agencies and workgroup members are overwhelmed by this community crisis. I am. If we just keep the Consortium moving forward, even if it's ever so slowly, we will step back into building that plane as soon as possible."

"...*We must* stay connected. This Consortium has already helped community members."

"...I'm trying not to think of all the kids in ACEs-ridden homes who are trapped there right now. We will have much work to do on the far side of this."

"...It is overwhelming to think about the work we need to do when the pandemic is over. I'm grateful that we can plan some things now to stay connected for the large work ahead."

"...The mental health of our kids and vulnerable families is more important than the academic skills kids can learn in this time of anxiety. How our children feel during this time will stay with them much longer than online lessons. We hope that parents provide safety and foster positive interactions for today."

APRIL IS CHILD ABUSE AWARENESS MONTH

While there are **no** upcoming in-person meetings, many are happening in a virtual setting. If your workgroup has **not** done a Listening Session with the Certifying Entity and the Institute for Trauma Informed Care, please contact your Consortium Manager for details on how to join a session. Don't know who your manager is? See the list at the end of this newsletter.

The quarterly Consortium meeting scheduled for April 22 has been canceled.



Welcome new Consortium members! We are currently at 516 members representing over 250 organizations in Bexar County and South Texas!

Trauma-Informed San Antonio Organizational Structure

This structure defines the relationship and core functions of the project partners with the goals of communication, coordination, and oversight.

[click to view the organizational structure in detail](#)

UPCOMING EVENTS!

Trauma-Informed Care is Wraparound Care in Communities of Faith **Wed., April 1, 2020 | 12:00 p.m. EST**

Trauma-Informed Care is an approach to addressing experiences of early adversity that emphasizes compassion and incorporates the belief that every person has intrinsic value and should be treated with dignity. It also promotes the understanding that negative behaviors may be typical responses to past traumatic experiences.

Join us on Wednesday, April 1 to learn how the combination of a trauma-informed faith community and a unique, faith-based emphasis on wraparound care may reduce negative outcomes and increase flourishing in individuals with past trauma and/or substance use disorder.

- [click here for the link to register](#)

PBS Film BROKEN PLACES

Monday, April 6, 2020, 10:00-11:00 p.m. ET

Explore why some children are severely damaged by early adversity while others are able to thrive. Revisit children profiled decades ago to see how early trauma shaped their lives as adults. A presentation of Public Policy Productions in association with WNET's CHASING THE DREAM. [click to view the trailer](#)

A note from CHOSEN CEO Jenni Lord:

Hello Colleagues,

I wanted to share a new service we offering virtually that you can share with your families as you see fit to support permanency during this turbulent time.

In case you don't know about us, Chosen provides after care for foster/kin/adopted families and bio families who can safely be reunified. We have been delivering services via telehealth for years. We have stood up a program of virtual parenting support groups to begin on Monday, March 23 with high capacity to undergird permanency. There are 3 time/day options. All materials are rooted in evidence-based materials and this can be used for continuing ed for foster families. <https://www.chosen.care/services/resources/parenttoparent/>

Here is quick summary of the class offering:

“Sheltering in place? Quarantined? Stuck at home? If you are looking for some help to know how to survive this challenging time with kiddos from hard places, join any of our complimentary support groups. We are offering three weekly support groups live each with a ten-minute time of trauma-informed education. The remainder of the hour will be to ask questions of our seasoned staff and to provide support to each other, parent to parent.”

We have 6 months of topics but here is a just a sample:

- 1 - Our Presence Matters
- 2 - Margin
- 3 - A Little Does a Lot
- 4 - The Need to Belong
- 5 - Connect Before you Correct
- 6 - Communication in Chaos

FOOD FOR THOUGHT

An article from the New York Times:
For Abused Women, a Pandemic Lockdown Holds Dangers of It's Own

SPREAD THE WORD! Here are some resources for April-Child Abuse Awareness Month!
click here for the resources

From Stephanie McClain and our Certifying Entity, the Ecumenical Center for Religion and Health:

Safe Spaces: Building a Culture of Trauma-Informed Care for Patients I found it to be clear and helpful, even for organizations already skilled in trauma-informed care. Please feel free to share with others.

Here is the recording of the webinar

Some useful Covid19 resource links to share:

School District Meal Services

Disaster Relief Assistance

San Antonio City Covid19 Hotline

The attached webinar series includes free opportunities for learning about current TIC research! click here for information about the series!

A CDC informational article regarding ACEs:
click for more information

SUGGESTED READING LIST

- The Heart of Trauma: Healing the Embodied Brain in the Context of Relationships (Norton Serives on Interpersonal Neurobiology) by Bonnie Badenoch
- The Resilience Breakthrough: 27 Tools for Turning Adversity into Action by Christian Moore
- Why Does He Do That? Inside the Minds of Angry and Controlling Men by Lundy Bancroft

[Interested? Click here for more information on these books!](#)

The importance of being a certified trauma informed care organization and the value of membership in the South Texas Trauma Informed Care Consortium

[click here for information](#)

Missed the last Consortium meeting?

[click here for notes](#)

CONSORTIUM MANAGEMENT TEAM

Interested in joining a workgroup? Contact a consortium manager listed below:

Angelica Valle (The Children's Shelter). [click to email](#)

She provides support to the full consortium in concert with the other team members.

Ellen Spitsen (The City of San Antonio/COSA)

She provides support to the team!

Connie Soria (The City of San Antonio/COSA). [click to email](#)

She works with:

- Medical/Hospitals workgroup
- Government/Strategic Communications workgroup
- Higher Education workgroup

Cyndi Cardenas (Voices for Children) [click to email](#)

She works with:

- Education PreK-12 workgroup
- Early Care and Education workgroup
- Youth Development/Afterschool workgroup
- Faith Based workgroup

Sean Greene (City of San Antonio/COSA) [click to email](#)

He works with:

- Justice Systems workgroup
- Mental Health/Behavioral workgroup

Cheryl Weise (The Children's Shelter) [click to email](#)

She works with:

- Child Welfare/Foster Care workgroup
- Family Support workg
- Philanthropy workgroup
- Newsletter

[South Texas Trauma Informed Care Consortium]

@SoTxTICC

website link coming soon!!

