



VISION: A *CERTIFIED* TRAUMA INFORMED CARE BEXAR COUNTY



SAVE THE DATE!

Our next Consortium presentation:

July 22, 2020

**Next week you should receive a link to register for the
Webex gathering.**

If you don't receive the link, check with Cheryl Weise

[Click here to view our Organizational Structure](#)

**MESSAGE FROM
THE TRI-CHAIRS:**



Stuff accumulates in our lives, not just in our homes. Greater than 90% of us have experienced trauma in our lives. With Covid19 on everyone's minds and how it impacts our existence, it is imperative that we see our clients, and our patients, and our community, with a trauma-informed lens. Let's build resilience in our community. Today.

Updates from The Certifying Entity

The Ecumenical Center for Religion, Health, and Counseling

Next Steps

1. Receive final approval from Governance Council on Level 1 domains, standards, and procedures
 2. Distribute information according to communication plan
 3. Participate in public announcement(s) by Methodist Healthcare Ministries, the Consortium, etc.
 4. Begin certifying process with pilot organization(s); improve process based on pilot feedback
 5. Open the Level 1 certifying process to local organizations after pilot is completed
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Updates from the Institute for Trauma Informed Care

University Health System

A training agency has been selected by the Institute:

Community Resilience Initiative CRIResilient.org

The Institute expects to be trained in July 2020 on Trauma Informed Care and in Train the Trainer courses.

The first draft of the Institute website has been developed and is in the process of review by staff.

The Institute continues to work with the Ecumenical Center in the development of the training and certification process.

FOOD FOR THOUGHT AND UPCOMING EVENTS:

Nourishment



Before COVID-19 hit, I used to keep yellow alstroemeria flowers on the dining room table. I did this regularly because they're beautiful, but I also loved that when I brought them home and put them in a vase, they would typically last for about three weeks. Around this time last year, I bought a bouquet. I kept them in their sleeve on a table for just a couple of hours, and... they wilted completely.

They seemed destroyed.



This was such a quick transformation that I assumed I needed to put them immediately in the compost. "Well, I guess I'll try," I thought. I put these extremely wilted flowers in a vase with water and plant food. They looked like a sad cartoon. Then I ran an errand, and when I came back, they had perked right up. This too was completely surprising to me. And a couple of days later, they

were even stronger and more vibrant. This had me thinking...

Sometimes, nourishment is the work.

Nourishment is what we need. We can give this gift to ourselves in self-care. And community-care can be even more transformative, when with consent and empowerment, we are nourishing each other.

Sometimes, nourishment is the work. And when we choose it and help cultivate these nourishing conditions collectively, more is possible than we tend to think. Sometimes the seemingly impossible becomes possible.

— [Renee Roederer www.reneeroederer.com](http://www.reneeroederer.com)

How Children Process Grief and Loss

an article from Edutopia.

Soon after the Oklahoma City bombing, in 1995, children in a nearby kindergarten started playing dead. Over and over, they toppled towers of blocks and lay motionless on the floor. When their teacher asked them to tell her about what was happening in their play, the students informed her that they had all been killed by terrorists.

The play continued in this vein for some time—smashed towers, splayed-out children—until their teacher asked if they might be interested in building a hospital. "She went in with stethoscopes, masks, and bandages, and helped kids move towards a phase that was focused on care and healing," says Nancy Carlsson-Paige, a professor

emerita at Lesley University in Cambridge, Massachusetts, and an expert on the ways young children process trauma through play.

[click here for the complete article](#)

Parents of Anxious Children and Teens Training (PACT)

Wednesday, July 29, 2020

Webinar

The Child Mind Institute's Parents of Anxious Children and Teens (PACT) online webinar series provides families and caretakers with evidence-based, practical strategies for supporting children and teens struggling with anxiety. This series will provide parents with information on anxiety as well as specific tools and strategies to help their children face their fears and manage anxiety symptoms.

Voices for Children Events

- Social Emotional Training July 18th:
[click here to register and get more information](#)
 - 22nd Congress on Children - Friday September 25th, 2020
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NO SMALL MATTER--LIVE!

Want to share the highlights from our 6/25 event with a friend? Didn't have a chance to jot down an important stat or insight? You're in luck!

We've posted all of the important moments from No Small Matter Live, including the Yellow Room pre-show, panel discussion, messages from lawmakers, and more, to social media. Watch, share, and please feel free to use these videos as a resource in your work advocating for our educators and for high quality early learning for all families.

Why Are We Dying?: Race, Ethnicity and Health Justice in the COVID-19 Pandemic.

This online panel brought together three prominent health equity researchers and has been viewed by more than 250 people.

The video is available [here](#) for viewing and sharing

What are ACEs?

What is Epigenetics?

CONSORTIUM MANAGEMENT TEAM

Interested in joining a workgroup? Contact a consortium manager listed below:

Angelica Valle (The Children's Shelter). [click to email](#)

She provides support to the full consortium in concert with the other team members.

Ellen Spitsen (The City of San Antonio/COSA)

She provides support to the team!

Connie Soria (The City of San Antonio/COSA). [click to email](#)

She works with:

- Medical/Hospitals workgroup
- Government/Strategic Communications workgroup
- Higher Education workgroup

Miranda Cushman (Voices for Children) [click here to email](#)

Will work with:

- Education PreK-12 workgroup
- Early Care and Education workgroup
- Youth Development/Afterschool workgroup
- Faith Based workgroup

Sean Greene (City of San Antonio/COSA) [click to email](#)

He works with:

- Justice Systems workgroup
- Mental Health/Behavioral workgroup

Cheryl Weise (The Children's Shelter) [click to email](#)

She works with:

- Child Welfare/Foster Care workgroup
- Family Support Services workgroup
- Philanthropy workgroup
- Newsletter/Website

Visit our website



South Texas Trauma Informed Care Consortium
