



**VISION: A CERTIFIED
TRAUMA INFORMED CARE BEXAR COUNTY**

2021 Consortium Quarterly Meetings Schedule

Save the dates for the year:

April 28

July 28

October 27

All meetings are 2:00pm-4:00p

Organizational Structure of the STTICC

Consortium descriptions

MESSAGE FROM THE TRI-CHAIRS:

Soul Cry: Releasing and Healing the Wounds of Trauma:
(Dana Arcuri)

"The reason why you need emotional support is because it's important for survivors to be heard. To be understood. To be able to express yourself without fearing criticism or harsh judgement. To be validated for your pain, suffering, and loss. For others to be there for you to encourage you, especially if you're having a bad day or feeling triggered....(and) healing trauma involves tears. The tears release our pain. The tears are part of our recovery. My friend, please let your tears flow."

As Tri-Chairs, we recognize this business is hard, and very personal. Please take care of you and remember to refuel.



SOUTH TEXAS TRAUMA-INFORMED CARE CONSORTIUM

Working to mitigate the effects of Adverse Childhood Experiences by creating a Certified Trauma-Informed Care Bexar County.

current list of meetings scheduled-always being updated

It's not too late to take this survey and help create a trauma informed community!

In collaboration with the South Texas Trauma Informed Care Consortium, Drs. Monica Lawson and Megan Piel from UTSA are conducting a survey to better understand trauma-informed practices and the the impact of COVID-19 on child and family serving agencies in Bexar County. The survey will take approximately 10-15 minutes to complete and no personally identifiable information will be collected.

We hope you consider participating as your feedback will inform our efforts to create a trauma-informed community of support for children and families in Bexar County. Please also share this survey link with colleagues both at your agency and at other agencies that would be interested in participating.

Please click on the link below to participate in this survey: https://utsa.az1.qualtrics.com/jfe/form/SV_2mKTfG2OpFcyrvn

Updates from the Institute for Trauma Informed Care

ACE Interface Training Schedule for March

March 26th Learning Event--Institute for Trauma-Informed Care

ONLINE INTEREST FORM TO SIGN UP FOR TRAINING

AND CERTIFICATION

[click here to get more information and fill out the form](#)

If you have questions, please contact Jennifer Forbes at atjforbes@ecrh.org, or Mary Beth Fisk at mbfisk@ecrh.org

FOCUS ON THE FIELD **Wonders and Worries**

A serious parental illness affects families by producing emotions of confusion, anger, and fears of abandonment in children, and produce radical changes in their daily lives, which creates a disorienting home environment. Children may react to parental illness by internalizing problems, withdrawing or becoming depressed, anxious and/or by developing post-traumatic stress symptoms.

Deanna Smith, CCLS, is the San Antonio Team Lead Child Specialist at Wonders and Worries, which is located in the Medical Center area in the START Center. Recently I connected with her about her agency. While Wonders and Worries has been open for almost 20 years, they may still be a “great little secret” in the South Texas area.

Wonders & Worries provides free, professional support to children and teens (ages 2-18) who have a parent with a serious, physical illness. They are a team of Child Life Specialists who help explain illness to children in an age-appropriate way, offer them a safe place to share their feelings and ask questions and help them develop coping skills when feeling sad, scared, or worried. Likewise, they work with parents to help them understand the concerns of their children and enhance their ways to support them. Wonders & Worries supports serious illnesses and traumatic injuries including cancer, heart disease, neurological conditions, kidney disease, strokes, paralysis, and traumatic brain injuries.

Be sure to click the link and read the full story, (and have some tissues ready for her "feel good" story)

[click here to read the full story](#)

[click here to read the impact study](#)

We want to connect with families early in the diagnosis. If you know a family who could benefit from the services provided by Wonders & Worries, let us know. We have offices in five central Texas locations and provide phone consultations. Our helpline can be contacted at 844-WE-WONDER (844-939-6633) during Monday-Thursday 10am-4pm. Anyone can refer families to Wonders & Worries through our website.

Have an agency or a local leader you want to recognize? Please send [Cheryl Weise](#) an email about agencies and leaders in the field. I'd like to interview you and highlight your agency about the good work being done in the South Texas area.

FOOD FOR THOUGHT AND UPCOMING EVENTS:

May is Trauma-Informed Care Awareness Month!

The Institute for Trauma-Informed Care is creating a calendar to feature local organizations' TIC events.


If your organization has events or trainings that you want added to the calendar, please email us at iticsa@uhs-sa.com.

South Texas Alliance for Orphans is offering a TBRI training soon!

[Click here](#)

How Traumatic Experiences Affect Learning



Brought to you by: **klrn** 

Join us for a virtual community summit about how traumatic experiences can impact learning. Local community experts and an expert from Sesame Street will be available for Q&A.

Saturday, April 10
10:00 - 11:00 a.m.

RSVP at
klrn.org/events



Find support at SesameStreetinCommunities.org



In partnership with:



Supreme Court of Texas Children's Commission Trauma Informed Care Task Force UPDATES

[click here for the news!](#)

[Website is live!](#)

SAVE THE DATE
JULY 27 - 29



TxSOC x CRCG Conference
Finding the Spark:
Inspiring Authentic Collaborations
in Our Communities

The 2021 Texas System of Care (TxSOC) and Community Resource Coordination Groups (CRCG) Conference is an interagency conference for youth, family members, state leaders, child-serving providers, and community leaders to learn how to implement innovative strategies to shift from coordination to collaboration, participate in networking opportunities, and share best practices.

A FREE VIRTUAL CONFERENCE
CEUs will be available



Registration coming soon

For more info, visit: txsystemofcare.org
or contact Kisha Ledlow:
kisha.ledlow@hhs.texas.gov

<http://www.traumainformedcareproject.org/>

Trauma Informed Care

No one is immune to the impact of trauma. Trauma affects the individual, families, and communities by disrupting healthy development, adversely affecting relationships, and contributing to mental health issues including substance abuse, domestic violence, and child abuse.

MONTHLY OBSERVANCES

MARCH

- National Multiple Sclerosis Awareness Month
- National Brain Injury Awareness Month
- National Cerebral Palsy Awareness Month
- National Nutrition Month
- National Women's History Month
- National Social Work Month
- National Music in Schools Month

APRIL

- National Child Abuse Awareness Month
- National Fair Housing Month
- National Autism Awareness Month
- National Jazz Appreciation Month
- National Occupational Therapy Month
- National Volunteer Month

[What are ACEs?](#)

[What is Epigenetics?](#)

CONSORTIUM MANAGEMENT TEAM

Interested in joining a workgroup? Contact a consortium manager listed below:

Angelica Valle (The Children's Shelter). [click to email](#)

She provides support to the full consortium in concert with the other team members.

Connie Soria (The City of San Antonio/COSA). [click to email](#)

She works with:

- Medical/Hospitals workgroup
- Government/Strategic Communications workgroup
- Higher Education workgroup
- Mental Health/Behavioral Health workgroup

Miranda Cushman (Voices for Children) [click here to email](#)

Will work with:

- Education PreK-12 workgroup
- Early Care and Education workgroup
- Youth Development/Afterschool workgroup
- Faith Based workgroup

Cheryl Weise (The Children's Shelter) [click to email](#)

She works with:

- Child Welfare/Foster Care workgroup
- Family Support Services workgroup
- Philanthropy workgroup
- Justice Systems workgroup
- Newsletter/Website/Twitter

[Visit our website](#)



South Texas Trauma Informed Care Consortium

